



CERTIFICATE SUPPLEMENT (*)



1. TITLE OF THE CERTIFICATE (EN)

Massage therapist

2. TRANSLATED TITLE OF THE CERTIFICATE (IS)

Heilsunuddari – námsbraut fyrir nuddara

This translation has no legal status

3. PROFILE OF KNOWLEDGE AND SKILLS

The holder:

- possesses general and specific knowledge and skills on how to massage others to improve their health and wellbeing
- is able to assess the health condition of individuals up to a certain level and register information on their health in a professional way
- is able to give individuals and groups guidance on health improvement and healthy lifestyle, with particular regard to physical activities and stress release
- is capable of working independently, show initiative and organise tasks appropriately
- works according to quality standards/quality manual, is familiar with health and safety in the workplace and is able to give first aid if accidents or mishaps occur
- knows the law and regulations applicable for his/her profession and adheres to them in his /her daily work
- is discreet and has good communication skills and demonstrates moral maturity in his/her work
- is able to own and run a massage parlour according to the law and regulations that apply
- is able to adopt professional innovations and is aware of their importance.

4. RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE CERTIFICATE

The work of massage therapists includes a variety of tasks in different types of workplaces such as massage clinics, fitness centres, health institutions, beauty salons, companies and sports clubs. Massage therapists use holistic methods to assess the health condition of those who seek their advice and analyse their bodily issues as far as their knowledge allows. The treatments given by massage therapists complement other treatments their clients receive elsewhere, such as with physiotherapists or doctors. Massage therapists mainly massage stiff muscles and give treatment to those suffering bad health. This can lead to an improvement in clients' wellbeing, relaxation and healthier life. Massage therapists give advice on preventative measures and health promotion.

(*) Explanatory note

This document is designed to provide additional information about the specified certificate and does not have any legal status in itself. The format of the description is based on the following texts: Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications, Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates, and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons

Undergoing training, volunteers, teachers and trainers.

More information on transparency is available at: www.cedefop.eu.int/transparency

© European Communities 2002

5. OFFICIAL BASIS OF THE CERTIFICATE

Name and status of the body awarding the certificate An Icelandic upper secondary school operating on the basis of the Upper Secondary School Act and the National Curriculum for Upper Secondary Schools, issued by the Minister of Education, Science and Culture.	Name and position of governing body or region that looks after certifying or confirming the certificate The Ministry of Education, Science and Culture
Level of the certificate (national or international) Upper secondary school level Isced 3 Icelandic Qualifications Framework (ISQF) Level 3 – EQF Level 4	Grading scale / Pass requirements 1-10 Passing grade 5.
Access to next level of education/training Additional studies for matriculation.	International agreements
Legal basis The Upper Secondary School Act no. 92/2008. Massage therapists are members of the Association of Icelandic healers (BÍG) in accordance to act no 34/2005.	

6. FRAMEWORK AND ORGANISATION OF TRAINING

The average duration of the education and training programme is three to four years, organised as follows: formal education for six school terms or in total 108 weeks, including examinations. 25 weeks on-the-job training.

Entry requirements

Primary school graduation certificate

Additional information

Further information may be found on <http://eng.menntamalaraduneyti.is>

National reference point

The Ministry of Education, Science and Culture, <http://eng.menntamalaraduneyti.is>